



## Cigna International Option Active Staff MIP BI Summary

Effective January 1, 2024	Services rendered in the U.S. (In-Network)	Services rendered in the U.S. (Out-of-Network)	Services rendered out of US (Out of Network)
<b>A plan year is a calendar year, January 1 through December 31</b>			
<b>General</b>			
Medical deductible (per person)	\$650 per plan year		No deductible
Medical deductible (per family)	\$1,300 per plan year		
<b>Medical out-of-pocket limits (Office visit co-payments and dental services do not accrue toward the out-of-pocket limits)</b>			
Medical out-of-pocket limits per person	\$3,000 per plan year		
Medical out-of-pocket limits per family	\$6,000 per plan year		
<b>Office Visits</b>			
Minute Clinic (Located in CVS Pharmacies)	100% after \$10 co-pay	N/A	N/A
Office visits for illness or specialist	100% after \$20 co-pay	80% after deductible	80% unless the visit is for Preventive Care services outlined in the Preventive Care Guide, then 100%
Routine annual physical and defined preventive services*	100%		
<b>Laboratory and X-rays</b>			
All services (unless covered under defined preventive services above)	90% after deductible	80% after deductible	80%
<b>Emergency Room Related</b>			
Emergency room	90% after deductible 80% after deductible if non-emergency use		90% 80% if non-emergency use
Ambulance services	90% after deductible		90%
<b>Inpatient</b>			
Hospital costs including anesthesia	90% after deductible	80% after deductible	80%
Surgery (physician)			
Hospice			
<b>Outpatient</b>			
Hospital costs including anesthesia	90% after deductible	80% after deductible	80%
Surgery (physician)			
Hospice			
<b>Chemotherapy and Radiation Therapy</b>			
Chemotherapy and radiation therapy: does not include oral or injectable medications purchased through pharmacy benefit	100% no deductible In-office/facility administration only		
<b>Maternity</b>			
Obstetrics: Single fee/delivery charge incl. Office visits	90% after deductible Routine prenatal office visits covered at 100%, no deductible	80% after deductible	80%
Infertility	90% after deductible		
Infertility Lifetime Maximum - \$75,000			
<b>Mental Health and Substance Abuse</b>			
Inpatient facility hospitalization for mental health or substance abuse	90% after deductible	80% after deductible	80%
Outpatient facility, including day treatment programs			



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Office visits and Therapy	100% after \$20 co-pay	90% after deductible	90%
<b>Nursing and Home Health Care</b>			
Skilled nursing facility (e.g., rehabilitation center) <i>maximum 60 days per condition per plan year</i>	90% after deductible	80% after deductible	80%
Convalescent Care <i>Maximum 60 days per condition per plan year</i>			
Visiting nurse: <i>maximum 120 days per condition per plan year</i>			
Private duty nursing: <i>contact Insurance Administrator for authorization</i>			
<b>Short-Term Rehabilitation</b>			
Physical, occupational or speech therapy. Restorative after illness or accident. 75 visits of PT, OT or ST per condition per plan year. Visits over 75 are reviewed for medical necessity	100% after \$20 office co-pay	80% after deductible	80%
Physical, occupational or speech therapy For diagnosis of Developmental Delay, a maximum of 75 visits PT, OT, or ST, per year, per child.			
Chiropractor (30 visit limit per plan year)			
Acupuncture (30 visit limit per plan year)			
<b>Durable Medical Equipment</b>			
Durable medical equipment: Rental <i>Purchases only if approved by Insurance Administrator</i>	90% after deductible	80% after deductible	80%
<b>Vision Care</b>			
Routine eye exams, one per plan year, including refraction. <i>No PCP referral required</i>	100% after \$20 co-pay	80% after deductible	80%
Frames, lenses, contacts	Up to \$250 reimbursement per person, every plan year		
Hearing aids	Maximum reimbursement \$4,000 per person, every five (5) plan years		

\*Defined preventive care services will be provided at 100% when an In-Network physician or facility is used (a referral is received for those in Option C). Defined preventive services are determined by gender and age and recommendations may change from time to time. Always check the most recent recommendations with your Insurance Administrator and discuss them with your doctor.

**For 2024 Prescription Drug benefits, please refer to the separate pharmacy benefit reference guide available on the [MIP web page](#). All other purchases of prescription medications are covered under the medical plan and claims should be filed to Cigna.**

For International Option participants, the U.S. pharmacy benefit manager will send a record of U.S. network pharmacy purchases to Cigna after the end of the plan year for reconciliation. International Option participants who met their medical out of pocket maximum and who also had U.S. pharmacy out of pocket expenses during the same plan year will receive reimbursement for the out-of-pocket U.S. pharmacy costs from Cigna after reconciliation.



## Cigna International Option Active Staff MIP BI Summary

### Dental Benefit Summary – Active staff

All deductibles, plan maximums, and service specific maximums (dollar and occurrence) cross accumulate between in and out of network.

Network	Cigna Dental PPO			
	Total Cigna DPPO		Out-of-Network	
Calendar Year Maximum (Class I, II & III expenses)	\$3,200		\$3,200	
Annual Deductible Individual Family	\$250 \$500		\$250 \$500	
Reimbursement Levels	Based on Reduced Contracted Fees		80th percentile of Reasonable & Customary Allowances	
Benefits	Plan Pays	You Pay	Plan Pays	You Pay
<b>Class I: Preventive &amp; Diagnostic</b> Oral Exams Routine - 2 per calendar year Routine Cleanings - 4 per calendar year Routine X-rays - Bitewings: Non-Routine X-Rays - Full mouth: 1 every 36 consecutive months; Panorex: 1 every 36 consecutive months Fluoride Application - 1 per calendar year Sealants - Limited to posterior tooth. 1 treatment per tooth every three years Space Maintainers - Limited to non-orthodontic treatment	100% No Deductible	No Charge No Deductible	80% No Deductible	20% No Deductible
<b>Class II: Basic Restorative</b> Fillings Root Canal Therapy / Endodontics Emergency Care to Relieve Pain Root Planing and Scaling - Various limitations depending on the service Splinting Oral Surgery – Simple Extractions Anesthesia	80% After Deductible	20% After Deductible	80% After Deductible	20% After Deductible
<b>Class III: Major Restorative</b> Crowns – Replacement every 5 years Dentures – Replacement every 5 years Bridges – Replacement every 5 years Inlays / Onlays – Replacement every 5 years Prosthesis Over Implant - 1 per every 5 years if unserviceable and cannot be repaired. Benefits are based on the amount payable for non- precious metals. Repairs to Dentures, Bridges, Crowns and Inlays - Reviewed if more than once Stainless Steel/Resin Crowns Transepithelial Cytologic / Brush Biopsies Relines, Rebases and Adjustments – Covered if more than 6 months after installation	80% After Deductible	20% After Deductible	80% After Deductible	20% After Deductible



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Network	Cigna Dental PPO			
	Total Cigna DPPO		Out-of-Network	
<b>Class IV: Orthodontia</b> <b>Lifetime Maximum</b> Study Models or Diagnostic Casts - Payable only when in conjunction with orthodontic workup	80% After Deductible	20% After Deductible	80% After Deductible	20% After Deductible
	\$2,400		\$2,400	
<b>Class VI: Periodontal</b> Gingivectomy Gingivoplasty Alveoplasty Vestibuloplasty Osseous Surgery <b>No Annual or Lifetime Maximums apply</b>	90% After Deductible	10% After Deductible	80% After Deductible	20% After Deductible
<b>Class VII: Oral Surgery</b> Surgical Extractions of Impacted Teeth <b>No Annual or Lifetime Maximums apply</b>	90% After Deductible	10% After Deductible	80% After Deductible	20% After Deductible
<b>Class IX: Surgical Implants</b> <b>No Annual or Lifetime Maximums apply</b>	90% After Deductible	10% After Deductible	80% After Deductible	20% After Deductible