

How to prepare for an interview

- 1. Research yourself** Know why you want the job. Review your CV and application. Consider your fit with the program requirements/job description. Identify transferable skills, key accomplishments, work style, and personal and professional strengths. Remind yourself of specific experiences that exemplify these skills and strengths.
- 2. Practice responding to questions**
 - a. Behavioral event interview (BEI), it means they are structured interviews used to collect information about past behavior.
 - b. STAR Technique: Situation you faced, Task to accomplish, Actions you took, Results you achieved
- 3. Prepare a list of 4-5 good questions** you have about the position.
4. Get a good night's rest!
5. Allow plenty of time to get to the interview and plan to arrive a bit early (virtually).

https://www.youtube.com/watch?v=Ks-_Mh1QhMc “TED: Your body language may shape who you are”

Q & A